



SESSIONS

BIBLE

BIBLE

LESSON 1 - DELIGHT IN HIS WORD

Encourage joy in God's Word, comparing it to a delightful gift, emphasizing the need to open and explore it.

LESSON 2 - ONE BIG STORY

Embrace the Bible as one big story, beginning with creation, and finishing with Jesus as the hero who redeems.

LESSON 3 - RECEIVE HIS WORD

Open up God's Word with joy and approach the Bible with a positive attitude.

LESSON 4 - LISTEN TO HIS WORD

Actively listen to God's Word, emphasizing not just hearing but doing.

LESSON 5 - TREASURE

Treasure God's Word, it's like a chest of valuable treasures, and memorize it because it will foster a lasting impact.

LESSON 6 - BUILD STAMINA

Get better at reading the Bible. Like practicing for a long run, start small and grow!

LESSON 7 - TREASURE MAP

The Bible is like a treasure map guiding our lives. Learn the Bible's structure, chapters and verses, to navigate confidently.

LESSON 8 - THE TRUTH

The Bible is completely true and inspired by God. Learn to trust God's Word even on the challenging parts.

LESSON 9 - DECLARE GOD'S PROMISES

Declare God's promises by speaking truth from the Bible over our lives.

LESSON 10 - RESPOND WITH WISDOM

Learn to respond with wisdom by obeying God's Word, building a strong foundation, and standing firm in confidence.



DELIGHT IN HIS WORD

Items Needed: A Small gift-wrapped box

SCRIPTURE

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the LORD, meditating on it day and night.

They are like trees planted along the riverbank, bearing fruit each season.

Their leaves never wither, and they prosper in all they do.

- Psalm 1:1-3

SAY

Bring out the gift-wrapped box and show the kids.

What do you imagine is inside this box? Inside, there could be anything! Perhaps, it is something you have always wanted or something wonderful that you would never expect. Whatever it is, one thing is guaranteed. What is inside is something that will bring you great joy. The gift inside will bring you delight.

Delight means to have great pleasure and happiness. The Bible talks a lot about the word "delight." God delights in us, singing songs of joy over us. The Bible also tells us to delight in His Word and His law. His words to us all throughout Scripture are to bring us great joy.

However, like this gift, you can't delight in it if you don't open it up and find out what is inside! Let us open up our Bibles and read together Psalms 1:1–3.

Think about it! This Scripture says to not only delight in the law of the Lord, but also to meditate on it "day and night" (verse 2). Close your eyes and imagine with me, just like it says in verse 3, a tree planted along the riverbank. I imagine a huge tree with lots of branches and full, green leaves. I imagine lots of delicious fruit growing on this tree. The tree is alive, fruitful, and healthy. The Bible says that when we delight in God's Word, we are like this tree! If we are planted close to God through reading and delighting in His Word, just like the tree close to the water, we will prosper in all we do.

Let's listen to that Scripture again. Close your eyes and after hearing what it says, thank Jesus for His wonderful word.

PRAY

"Thank you, Jesus, for your wonderful Word! I delight in reading and listening to all of the stories, promises, and ways to live for You. Amen."



ONE BIG STORY

Items Needed: Long strip of paper, like butcher paper. You can also use a roll of paper towels.

SCRIPTURE

In the beginning the Word already existed. The Word was with God, and the Word was God. He existed in the beginning with God. God created everything through him, and nothing was created except through him. The Word gave life to everything that was created, and his life brought light to everyone. The light shines in the darkness, and the darkness can never extinguish it. – John 1:1-5

SAY

Bring out one long strip of paper.

The Bible is one big story! What do all great stories have in common? Hold up the long strip of paper.

Every great story has a beginning. The story of the Bible begins with God. He has always existed and He is the Creator. He began our story through creation! From light, to land, to sky, to earth, to plants, to animals, and finally to people, this is the greatest story of all. It begins with the creation that God delights in and loves. We find this part of the story in Genesis.

Cut one-third of the strip of paper off.

The thing about stories is that in order to have a great one, there is a problem. In the Bible in Genesis 3, we find the problem in this big God story. It is everyone's problem—the Fall. The people God created chose to go their own way and sinned. Throughout the Bible, we see all the problems that sin has caused. Hurt, sickness, shame, and death are all the result of the Fall. Sin separated us from God. What could be done?

Use the two strips of paper to form a cross.

Thankfully, the problem is not the end of the story! Every great story needs a hero to save the day. In Matthew, Mark, Luke, and John, we find this hero! Who do you think it is? Jesus! He is the only one who could break the curse of sin by dying on the cross! Through Jesus, redemption is made possible for all people!

Tape the two strips back together to form the original strip in the beginning.

Jesus not only redeems us, but He is coming again to restore creation to what He made it to be. We can read all about that in the Book of Revelation, how God is going to make a new heaven and a new earth where those who believe in Him and follow Him can live with Him eternally!

The Bible, from Genesis to Revelation, tells the wonderful story that points to Jesus! Because of this story, we now all have an opportunity to follow Jesus, the hero in the greatest story of all!

PRAY

"Jesus, thank You for redeeming and restoring us to be part of Your big story! As we read Your Word, let Your light shine so Your story can live through us. Amen."



RECEIVE HIS WORD

SCRIPTURE

Therefore, we never stop thanking God that when you received his message from us, you didn't think of our words as mere human ideas. You accepted what we said as the very word of God—which, of course, it is. And this word continues to work in you who believe. – 1 Thessalonians 2:13

SAY

Today, I am going to give you some scenarios and I want you to act out how you would respond.

- I brought you your favorite treat!
- · We just met our goal for BGMC!
- Your family told you that you are going on a special trip!

Every time, you reacted with excitement and celebration! This is what I would like to call your receiving attitude. When you receive something with joy and gratitude, you can fully receive how great it is! Now imagine if I told you those things from before and you reacted with your arms crossed, a scowl on your face, and rolled your eyes. Even if you got the gift, reached the goal, or went on the trip, it wouldn't mean the same to you. Because of your closed attitude, you will not be able to receive all the joy coming to you.

This is the same way with God's Word. When we open our hearts and minds to receive His Word, we don't just receive the wisdom and instruction it brings. We also receive peace, love, joy, and hope. Our faith grows stronger because we are expecting we will know and love God more through receiving His Word. On the other hand, if we read the Bible just to read it and don't have an attitude to receive the blessing of God's Word, we miss out on the best part! We miss the gift of God's Word because we weren't ready to receive it.

When you open your Bible to read, come with an attitude to receive. Every time you open God's Word, begin by asking God, "Help me to know and love You more as I read Your Word." You'll be amazed how God's Word will work in your heart as you come with an attitude to receive.

PRAY

"Dear God, thank You for Your Word! Help me to open my heart and mind to receive Your Word with joy! Amen."



LISTEN TO HIS WORD

Items Needed: Copies of the included "Active Listening" worksheet

SCRIPTURE

But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves. For if you listen to the word and don't obey, it is like glancing at your face in a mirror. You see yourself, walk away, and forget what you look like. But if you look carefully into the perfect law that sets you free, and if you do what it says and don't forget what you heard, then God will bless you for doing it. – James 1:22–25

SAY

Distribute copies of the Active Listening worksheet.

Do you know that we don't just listen with our ears? You listen with your whole body! When you hear a message, you first listen to the words. Then, you think about what is said and what it means to you. Next, your heart and emotions react to the message. Finally, you respond by doing something about it. This is how what you hear turns into who you are. When you hear the Word of God, it transforms you when you obey what it says!

Let's practice what active listening looks like!

Display the slide of James 1:22-25.

1. First, let's pray, "God, thank You for Your Word. Help me to know and love You more!" Now, close your eyes and listen while I read aloud James 1:22–25.

Read aloud James 1:22-25.

Let's choose together: What are these verses telling us? Was it a story? Was it a promise from God to us? What action is the verse leading us to? Accept responses from kids, asking why they think so. This passage is definitely giving us something to do—it is telling us to do what God's Word says!

2. Next, I will read aloud the passage again, but this time, let's get our minds involved and think about it!

Read aloud James 1:22-25.

What are some words that popped out at you? Accept responses. That's great! I heard the words: listen, obey, and mirror. What are some thoughts you had as I read to you? Accept responses. Wonderful! I was thinking about how important it is to remember God's Word. I also thought it was interesting how it said that when we don't obey, it is like forgetting what we look like. I think that means that the Bible tells us how we are truly supposed to be.

3. Let's read it a final time, but this time, let's get our hearts and feelings involved.

Read aloud James 1:22-25.

I love God's Word! Let's talk about what we will hold onto from this passage. What is something you loved and want to hold in your heart? Accept responses. For me, I will remember that if I want to know who I truly am, I should read and obey God's Word. I can remind myself of this anytime I am tempted to disobey or when I am thinking of who God created me to be! God's blessings are received when I truly and actively listen to His Word.

PRAY

"Lord, Your Word is so good and shows me the way to live. Help me to know You more as I obey Your Word. Amen."

LISTEN

NAME:		
SCRIPTURE:		

WHAT DOES THIS VERSE SAY TO US?

STORY OR PROMISE?

ACTION?

WORDS

MY THOUGHTS

WHAT WILL I HOLD ON TO?



WEEK 5 TREASURE

SCRIPTURE

I have hidden your word in my heart, that I might not sin against you. - Psalms 119:11

SAY

Imagine a big chest full of treasure. Maybe there are diamonds and rubies, maybe gold, silver, and pearls! The treasure that is in there is priceless and worth more than you can even imagine.

Do you think that the treasure got there all at once or piece by piece? Accept responses. To get that much treasure, each piece had to be placed there. Over time, that treasure chest filled up to overflowing, each piece with value that cannot be measured.

Psalm 119:11 says to hide God's Word in your heart. Every Scripture that you remember and commit to memory is like a treasure in your heart. You might not understand how valuable it is in this moment. However, as you keep it safe in your heart, the value of His Word grows in your life.

Let's practice memorizing God's Word together! To memorize a verse, sometimes people put it to music. Others make it a game. Some repeat it over and over. We are going to memorize Psalm 119:11 with motions.

I have hidden—cover your face your word—make a Bible with your hands in my heart—put your hands over your heart that I might not sin—shake your finger no against you—point up to heaven

Let's do this together a few times. Next, practice with a friend. Repeat it to yourself throughout the week and see how God builds the treasure in your heart!

PRAY

"Lord, I want to obey you! Help me to remember Your Word so I can follow You all the days of my life. Amen."



WEEK 6 BUILD STAMINA

SCRIPTURE

The grass withers and the flowers fade, but the word of our God stands forever. - Isaiah 40:8

SAY

Reading the Bible is the best thing ever, but sometimes it is hard to know where to start. Even when we are reading, sometimes we get distracted or get stumped by something we don't understand. The way that we can grow in our Bible reading is through building stamina.

Think of it this way. Most of us could probably not run 5 miles right now. However, if you start running a half mile, then build up to a mile, your running stamina grows! Eventually, you could run 5 miles if you worked at it, little by little.

With Bible reading, we can do the same thing. Isaiah 40:8 tells us that the word of our God stands forever. Reading the Bible is the best thing we can do because it is an investment that will last forever. When we build up our stamina with reading God's Word, everything in our life gets stronger.

Everyone, open up your Bibles to Psalm 119, it's usually the middle of your Bible! Either by yourself, with a partner, or with a leader, read for one minute—just one minute! As you read, keep your heart and mind engaged with God's Word. Before we begin, let's pray our prayer: "Thank You, God, for Your Word! Help me to know and love You more!" Now, are you ready? I'm setting the timer for one minute. Let's go!

After the minute is up, take just a minute to ask some questions.

What did you read that stood out to you?

What was challenging about reading for a minute?

What did you like about it?

Now, let's try again for two minutes. Repeat the process with the kids.

Every week let's build our stamina with reading God's Word. Maybe someday soon, you could get up to ten minutes, thirty minutes, or even an hour! You could even time yourself and build stamina at home! As you build your stamina with reading God's Word, remember that your love for Him will grow at the same time!

PRAY

"Lord, Your Word is so good and shows me the way to live. Help me to know You more as I obey Your Word. Amen."



WEEK 7 TREASURE MAP

SCRIPTURE

Your word is a lamp to guide my feet and a light for my path. - Psalm 119:105

SAY

Show a slide of a large map.

Maps are important for many reasons. They show you the locations of places and how to get from one point to another. The Bible is like a map because as Psalm 119:105 says, it is our guide. God's Word shows us the way to go and like a light, makes the path clear. The Bible is the map for our lives!

Another important thing to know about a map is how to read it. When looking at a map, we need to know what certain symbols mean. We need to understand the places a map is showing us. We need to understand the map so we can navigate from one place to another.

To navigate the map of the Bible, there are some important things we need to know.

- The Bible is a BIG BOOK! The Bible has two sections: the Old Testament and the New Testament. The Old
 Testament is the biggest of the two sections. Physically show kids the division between the Old and New Testaments.
- 2. If you open the Bible right in the middle, you will usually open it up to the Book of Psalms. When you are learning to read the Bible, the Psalms and the Gospels (the four books that tell us about the life and teachings of Jesus) are a great place to start!
- 3. There are 66 books in the Bible: 39 in the Old Testament and 27 in the New Testament.
- 4. Most of the books of the Bible are divided into chapters. (A few of them are only one chapter.) The chapter numbers are the big numbers. Find a big chapter number right now!
- 5. Each chapter is divided into verses. Every verse has a little number before it. Find a little verse number right now!
- Now, let's practice. Let us all look up Psalm 119:105. Remember Psalms is right in the middle. Let's look for it now!
 Give kids a few minutes to find Psalms, placing leaders or older children with kids that are younger or have specific needs.
- 7. The chapter is 119. Let's go through Psalms and find the chapter. Psalms 119 is the longest chapter in the Bible! After that, let's find verse 105. When you get there, let's read it together!

Keeping these tips in mind will help you become more familiar with finding your way in the Bible. When you feel more comfortable, you become more confident in reading the Bible. Most importantly, when you are confident in reading God's Word, then the Bible will guide your feet and light your path!

PRAY

"Lord, help me learn to navigate the Bible so I know the way to go and how to live. Let it always be a guide for my feet and a light for my path. Amen."



THE TRUTH

SCRIPTURE

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. - 2 Timothy 3:16-17

SAY

How do you know if something is true? Accept responses from the group. Then call two children up to the stage.

What if this friend (child 1) told that friend (child 2) an interesting fact, like that there are hundreds of billions of galaxies? Or that the earth's surface is covered mostly in water? Ask the first child if they have a fun fact to share. Then ask the second child if they believe the first child and why.

For some of us, we research to see if something is true or not. We think about whether or not we can trust the person who told us. Sometimes, we may even rely on how we feel or think to determine if something is true or not.

When we read the Bible, we can stand on the fact that it is 100% true. Every single person it mentions actually lived. Every event it records actually happened. Most of all, every word was breathed by God, who inspired people [about 40] over hundreds of years [1,600] to write down His words so we can all know the truth.

The Bible is true because God says so. He is not like a human who can lie, trick, or accidentally give you the wrong information. Every promise and every word He says is true. Numbers 23:19 says "God is not a man, so he does not lie. He is not human, so he does not change his mind. Has he ever spoken and failed to act? Has he ever promised and not carried it through?" His Word is true, no matter what we feel or think. We can trust Him completely and stand on His Word!

Because God's Word is completely true, this helps us when we get to parts that we do not yet understand. Sometimes it will be a part that doesn't make sense or a story that doesn't seem fair. Because we stand on God's Word as truth, we can trust in His character that He is always faithful and good. When we get to these parts that challenge us, let us pray, "Help me to trust You and to not lean on my own understanding. I know that You are always good. I believe in You!"

PRAY

"Thank You, Jesus, that Your word is always true and that I can always trust what it says. Help me to grow in my faith when I don't understand and to always stand on Your Word. Amen."



DECLARE GOD'S PROMISES

SCRIPTURE

The rain and snow come down from the heavens and stay on the ground to water the earth. They cause the grain to grow, producing seed for the farmer and bread for the hungry. It is the same with my word. I send it out, and it always produces fruit. It will accomplish all I want it to, and it will prosper everywhere I send it. – Isaiah 55:10–11

SAY

Isaiah 55:10-11 is making sure we realize that God's Word is 100% true. Because His Word is truth, we can declare who He is and His promises over our lives! Our declaration of God's Word helps us have victory in every situation.

What does this mean to declare God's Word? This means that we speak truth over our lives, feelings, and situations directly from the Bible. When we do this, His Word can either be like a sword or a seed.

The Bible is called the "sword of the Spirit" in Ephesians 6, meaning we can use it as a weapon against the enemy. Even Jesus used God's Word to defeat the temptations of Satan in the wilderness! When you have big feelings or have big challenges, try these:

- 1. If you feel worried, say "You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" (Isaiah 26:3).
- 2. If you feel alone, say "Be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you" (Deuteronomy 31:6).
- 3. If you feel something isn't fair, say "We know that God causes everything to work together for the good of those who love God and are called according to his purpose for them" (Romans 8:28).
- 4. If you feel that you don't have enough, say "This same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus" (Philippians 4:19).

Even more simply, when you don't understand you can say, "I trust You because I know You are good and faithful!"

God's Word is also a seed. The Bible says that He sends it out and it always produces fruit. When you declare God's Word, it is like planting a seed in your heart and in the lives of others. As you continue to speak the truth of God's Word, it will grow in your life and produce fruit! Let's declare the truth of God's Word in our lives today!

PRAY

"Lord, whenever I am worried or alone, when I don't understand or feel things are unfair, I will declare the truth in Your Word in my life. Thank You that it is always true and I can always trust in the Bible! Amen."



RESPOND WITH WISDOM

Items Needed: Building blocks, paper, and straw.

SCRIPTURE

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash. – Matthew 7:24–27

SAY

Display your house made of paper and another house made of building blocks.

I have two houses here, one obviously strong and one obviously not. If I took this straw and tried to blow either house down, which one would fall? The paper one, of course! Let's test it and try it out!

Blow down the paper house with the straw.

The paper house was weak and easily shaken. The other house was stronger. This is just like the houses Jesus described in Matthew 7:24–27. Let's look it up together and read this parable.

What is the key word here? Obey! Obedience makes us strong and secure, not because of what we are doing, but because of who God is. When we obey His commands, we can stand in confidence! Why? We know He is good! We know He always keeps His promises. As we read the Bible more and more, hide His Word in our hearts, delight in His law, and obey His commandments, our lives will always be blessed and secure. Even when challenges and trials come, we will not be shaken, because our trust in and obedience to God's Word is our confidence!

This is how we can practice our confidence in God's Word. Remember the verse we memorized a few weeks ago? Stand up tall and straight and say it with confidence!

I have hidden—cover your face your word—make a Bible with your hands in my heart—put your hands over your heart that I might not sin—shake your finger no against you—point up to heaven

When we read God's Word and hold it in our hearts, we will be wise and stand strong! Everyone, show me your STRONGEST pose! Let's stand firm on the Bible!

PRAY

"Dear God, thank You that we can stand firm on the truth of Your Word! Help me to always obey You, because I am confident in who You are! Amen."



