

How to Connect with Young Adults in Your Church

Connecting with young adults can be a challenge, but it's essential for the health and vitality of your church and ministry. After all, this age group is the future of your congregation. Here are some tips for connecting with twenty-somethings in your church:

1. **Take the first step.** You need to engage with young adults. Make the first move and meet them where they are. Generation Z is very tech-savvy, so use technology to your advantage. At the same time, find times to drink coffee and have lunch together.
2. **Be yourself.** Young adults can spot a fake a mile away. Be yourself, be authentic, and be vulnerable. Share your own struggles and doubts, and let them know that you're not perfect. Show your emotions in your interactions. Young adults look for people who are honest and transparent.
3. **Creatively adapt.** Yes, be yourself, but be willing to adapt. You'll need to be creative with your time and efforts. Find ways to interact with young adults. You'll have to think outside the box.
4. **Do stuff with young adults.** Young adults want to make a difference in the world. Give them opportunities to serve in your church and in the community. This will help them feel connected to something bigger than themselves. Then do it with them!
5. **Be their champion.** When twenty-somethings achieve something, make sure to celebrate their successes. This will show them that you care about them, and it will encourage them to keep going. Their world is hard, so make sure you are one of the positive voices in their life. Celebrate their successes. Be their biggest cheerleader!
6. **Create safe spaces.** Generation Z is looking for a place where they can be themselves and be accepted for who they are. Create a space where they can feel safe and comfortable to express themselves. Create environments where young adults can ask questions. Develop spaces where they can test their faith. You'll become a trusted ally in their journey of following Jesus.
7. **Be patient.** Connecting with twenty-somethings takes time and effort, but it's worth it. When you take the time to get to know them, be real with them, and create opportunities for them to serve, you'll build relationships that will last a lifetime. Keep following up on them. Stay in their face. Commit for the long haul!