

# YOUTH ALIVE MOVEMENTS

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COLLEGE YA ✓  
CHI ALPHA

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# WHAT IS A COLLEGE YOUTH ALIVE/CHI ALPHA MOVEMENT?

A College Youth Alive/Chi Alpha Movement is ideal if you are dual enrolled in college as a high school student, and you want to do something on that college campus to share the Gospel and invite your fellow students to church. On the college campus, we work with Chi Alpha to start movement for the Gospel. Chi Alpha is like Youth Alive, but they focus on college campuses. A College Youth Alive/Chi Alpha focuses on sharing the Gospel through teaching and preaching, as well as doing outreaches. College Youth Alive/Chi Alpha Movements have the following goals:

- » **Gospel-focused** – including a presentation at every meeting that gives attendees the opportunity to place their faith in God.
- » **Community** – Provide the opportunity for Godly community to be experienced by everyone.
- » **Prayer** – Giving space for each person to present prayer requests and praying with faith for God to answer those requests.
- » **Mission** – Creating outreaches to serve the campus or another club, group, or team while sharing the Gospel. Ideally, a College Youth Alive/Chi Alpha will complete one outreach for each semester of the school year.
- » **Sustainability** – Putting down roots and becoming an official college club as Chi Alpha. This will help ensure the ministry continues after you have moved on from that campus.

You've already completed the Youth Alive Movement Essentials. Now use these Documents to help you start and run a Youth Alive Prayer Movement:

## Core Documents:

1. Starting a College Youth Alive/Chi Alpha Movement
2. Interest Sheet
3. Core Team Assignments
4. Effective Meetings
5. Meeting Planner
6. Outreach Coaching Guide
7. Outreach Ideas
8. Outreach Planning

## Supplemental Documents:

1. Yearly Planner
2. Monthly Planner



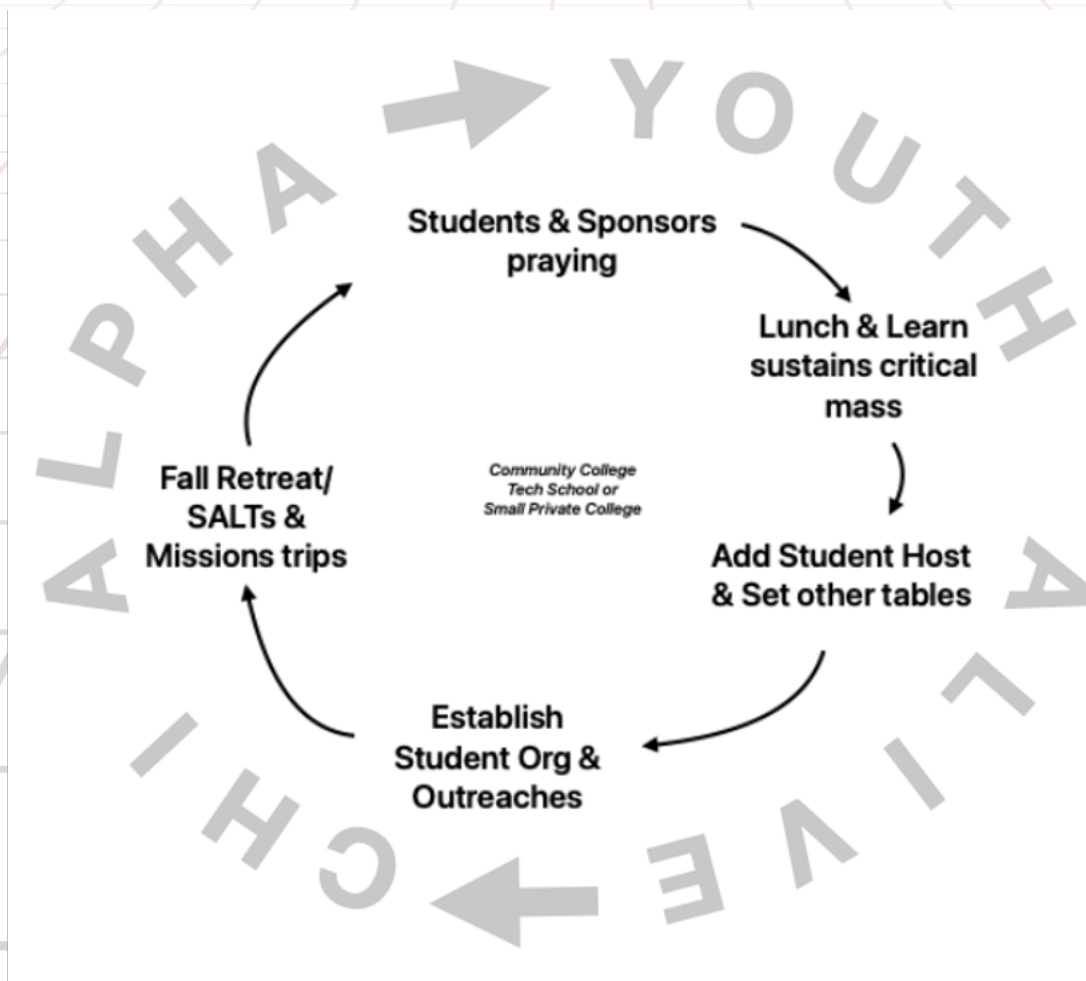
# STARTING A COLLEGE YOUTH ALIVE/CHI ALPHA

- 1. Start with prayer.** Pray for wisdom, favor with administration, your peers, your team, and for God's will to be accomplished in and through you.
- 2. Collaborate.** Build your team! Team members should include:
  - » Your youth pastor/leader. This could also be a young adults or college pastor, if your church has one.
  - » Key students want to help lead the Movement. This is your core team, and they should share your heart to reach the campus.
  - » The District/Network Chi Alpha Director. This person helps lead Chi Alpha Chapters all over your state. They will want to know about the vision God has given you and may be able to provide guidance and support.
  - » An adult sponsor. The sponsor is a non-student with long-term stability and maturity to guide the efforts of the students on campus. You and your core team are the facilitators and initiators of campus ministry. When both students and sponsors are in place the ministry will go farther and sustainability can happen. See "Pro-Tips" for help finding an adult sponsor.
  - » Plan the Movement together, including your purpose, time and place of meeting, and core team assignments.
  - » Finally, you will need students who want to attend/participate in the Movement—use the Interest Sheet to gather names.
- 3. Set the Table.** Students and sponsors prayerfully begin to gather the nucleus of community that will launch Lunch & Learn studies on campus.
  - » Lunch & Learn is the best way to get a College Youth Alive/Chi Alpha off the ground.
  - » The concept is simple—a lunch room/dining hall Bible Study and discussion that takes place weekly on your campus. Most schools have a dining hall or cafeteria, and it often serves as the default gathering place for the highest amount of students on campus at any one time.
- 4. Promote the Lunch & Learn.** Promote your Lunch & Learn through the proper school channels, as well as through social media. Do not forget personal invitations because they always work best!
- 5. Plan and hold your first meeting.** Meet with your core team to plan your first meeting and your first semester's outreach. Be sure to meet with your core team regularly to plan your meetings and outreaches.



6. **Keep communicating.** It's important to keep information flowing between your core team, club attendees, youth pastor, teacher, and school administration. See "Pro tips" for more help with communicating.
7. **Multiply hosts and tables.** As student engagement gains momentum more student table hosts are developed and sponsors set Gaming Tables, Dinner Tables. Student involvement peaks to a sustaining level and formal organization and integration as Chi Alpha begins.
8. **Charter a Chi Alpha Chapter.** With a short season of sowing and reaping it is time to integrate into the greater Chi Alpha opportunities of retreats, discipleship resources and missions expeditions. Chartering with Chi Alpha means becoming an officially recognized college club/organization. That often unlocks a lot of benefits and helps ensure the ministry will live on after your time on the campus is over.

## YOUTH ALIVE/CHI ALPHA MOVEMENT FLOW



# PRO TIPS FOR COLLEGE YOUTH ALIVE/CHI ALPHA MOVEMENTS

## FINDING A SPONSOR

The sponsor is a non-student with long-term stability and maturity to guide the efforts of the students on campus. You and your core team are the facilitators and initiators of campus ministry. When both student and sponsors are in place the ministry will go farther and sustainability can happen. Here are some pro tips for finding a College Youth Alive/Chi Alpha sponsors:

1. The sponsor should share your heart for starting a Movement to share the Gospel on this campus.
2. A Movement can have more than one sponsor, so find 2 or 3 sponsors if you can.
3. Do you know of any Christian teachers or staff at the college? Pray for God's help, then ask that teacher to be the sponsor. Share your vision and be sure to include what you need from them: their long-term help. If that teacher is unable to help, ask if they know of any other Christian teachers in the school who may be interested.
4. Your pastor, youth pastor, or a young adults or college age pastor could also be a sponsor. Ask if they would like to get involved.
5. Do you have any alumni of the college in your church? Perhaps they would be interested in being a sponsor.
6. Chi Alpha Alumni make great sponsors! There may be some alumni in your area, so ask the District/Network Chi Alpha Director if he or she would know any.
7. Keep in mind that a sponsor can be any adult who shares your vision for reaching the campus. They also need to have a vision for long-term ministry at the college. This could be your parent(s), or any adults from your church who care about the college campus and want to invest their lives in this Movement.

## COMMUNICATION

Great Communication makes a club work! When communication stops, the club stops being effective and frustration can set in. Follow these tips to have successful communication in your Youth Alive Club:



- 1. Core Team** – Communicate **FREQUENTLY** with your Core Team – The core team and sponsor will need the most consistent communication. This can be done in person, through text, or any other preferred method. You should be communicating every week, and probably more than once a week. Be sure to include information important for the regular meetings and activities of the Movement. Most core teams meet in-person or online outside of the regular club meeting times to plan more effectively. This core team meeting will help you plan the regular Movement meetings and the details of your outreaches.
- 2. Members/Attendees** – Communicate **REGULARLY** with Lunch and Learn members/attendees. Those who come to your meeting will need consistent information about the details of your club. Devise a method for obtaining necessary contact information of first-time attendees and follow up on an ongoing basis. Before every meeting, you should remind attendees of the meeting place and time. Include any updates, outreach opportunities, prayer requests, or other helpful information. In addition to social media posts, a text group or text service (like GroupMe or Remind) can be helpful. You may also consider a group chat on a social network such as Instagram or Discord if you believe it will be effective.
- 3. Donors/Pastors/Parents** – Communicate **WINS AND REQUESTS** with your youth pastor, pastors, key parents, and potential donors. Let them celebrate with you. As you do this, they will probably want to invest more in your club through prayer and other means of assistance.



# YOUTH ALIVE CLUB YEARLY PLANNER

	Theme/Big Ideas	Outreach Ideas
September		
October		
November		
December		
January		
February		
March		
April		
May		





# YOUTH ALIVE CLUB MONTHLY PLANNER

Month: \_\_\_\_\_

	Write in leader, topic, fun, and message ideas for each week.
Week 1	
Week 2	
Week 3	
Week 4	
Week 5	

**OUR OUTREACH FOR THIS MONTH IS:**





# INTEREST SHEET

We the undersigned are interested in forming and participating in a Youth Alive Club here at \_\_\_\_\_ (school name). We ask that you consider allowing this club to form as soon as possible.

## STUDENT INTEREST:

print name	signature	grade	contact #
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

## TEACHER INTEREST:

The undersigned teachers/staff are interested in serving as advisors for this club.

teacher/staff name	signature	contact info
1.		
2.		
3.		



# CORE TEAM ASSIGNMENTS

Each member of the core team has an important role to play in making a Youth Alive Movement successful. Pray and have each member of the core team select areas they'd like to serve in. Put your Core Team members on the left side of this document. On the right side is a list of typical areas to serve, and you can add to that list based on the needs of your Movement. Remember that duties can be shared. Under the name of each Core Team member, write the areas they will serve in until all the areas your Movement needs are fulfilled.

Team Member	Areas to Serve
	Necessary for most Movements:
	Communicate with administration / host teacher / location
	Communicate with Movement members
	Advertise (social media, posters, school announcements, etc.)
	Follow-up with new visitors (text, call)
	Plan monthly activities / outreaches
	Optional depending on movement style:
	Write down prayer requests
	Schedule guest speakers
	Communicate with local churches
	Coordinate snacks
	Give a lesson / study / sermon
	Lead worship
	Plan icebreakers / games
	Get donations



# EFFECTIVE MEETINGS

## 4 BIG ACTIONS IN EVERY MEETING

Every Youth Alive Club meeting should have four things to be successful: Prayer, Gospel, Community, and Mission.

- » **Prayer** – Give space for each person to present requests, then pray with faith for God to answer those requests.
- » **Gospel** – Share a short message based on Scripture at each meeting. Be sure to include a presentation of the Gospel and give students the opportunity to place their faith in God.
- » **Community** – Provide the opportunity for Godly community to be experienced by everyone. This can include fun and games, food, giveaways, discussions, and connecting students to the local church.
- » **Mission** – Mission means serving your school and other student groups through outreaches outside of regular club meetings. Take time to discuss and plan your outreaches in each meeting.

## MEETING PLAN

Below is a meeting outline that can be helpful to follow as you plan your meetings. You can also create your own meeting outline with your Core Team if it fits your club better. This outline is designed for clubs that have 30-45 minutes to meet. If you have more or less time, adjust the times to fit.

- 1. Start with Community** – Icebreaker/Game. This can be a simple and fun game. It could also be as easy as a creative question everyone answers as you get to know people better. This should take about 5-10 minutes.
- 2. Gospel** – Move into a time of sharing a short message based on Scripture. A club member can do this, or you can invite a guest speaker like your youth pastor to share a message, or you can share the message through a video. Be sure to include a presentation of the Gospel as part of the message or following the message. The Alive in Five is a great way to share the Gospel. Check out the document “Sharing the Gospel at a Movement” to help you. Give your attendees an opportunity to put their faith in God. This should take about 10 minutes.
- 3. Prayer** – Ask if there are any prayer requests, or who would like to receive prayer in the group, then pray for those needs. Pray for any topics brought up during the message, and pray for your school and community. This should take about 5 minutes.



- 4. Mission** – Take time to talk about serving your school and other student groups through your next outreach. Use the Outreach Coaching Guide, Outreach Ideas, and Outreach Planning to help you. This should take 10 minutes.
- 5. End with Community** – Close your time with more community. This can include food, more fun through a game or icebreaker, or an epic discussion. This should take 5-10 minutes.

A large grid of horizontal and diagonal lines for writing notes. The grid consists of horizontal lines and diagonal lines that create a series of slanted columns, providing a structured space for taking notes during the activities.

# YOUTH ALIVE CLUB

## MEETING PLANNER

Use this document to help you plan each meeting of your Youth Alive Club. Work with your Core Team ahead of time to make sure everything is covered! If you do this, your meetings will go much better. This planner is designed for a club that has 30-45 minutes to meet. Adjust the times to fit the needs of your club.

<b>Meeting Date:</b>	<b>Leaders for this Meeting:</b>
<b>What do we believe God wants to do in this meeting?</b>	
<b>Icebreaker/Game/Fun (5-10 minutes)</b> What is our opening icebreaker or fun element?	
<b>Gospel (10 minutes)</b> Who is going to share the message and what will they be sharing?  Bible Verses  Message  Response/Faith Invitation	
<b>Prayer (5 minutes)</b> Who will lead the prayer time? Do not forget to take prayer requests and include any special prayer emphasis.	
<b>Mission (10 minutes)</b> What is our next outreach? Use the Outreach Coaching Guide, Outreach Ideas, and Outreach Planning Board.	
<b>Close with Community (5-10 minutes)</b> This can be food, more games, or an epic discussion. What will we do to close?	



# OUTREACH COACHING GUIDE

It's important for every Youth Alive Movement to serve others who don't normally come to the Movement meetings as a way of sharing the Gospel. This is called doing an outreach. Use this page to help you think through the outreaches you can do in your school. Doing an outreach can be intimidating, but it doesn't have to be. In fact, the more you do outreaches, the more natural serving others and sharing the Gospel will become. AND the more you serve others, the faster your school will know God loves them and so do you.

We encourage a simple strategy—you don't have to share the Gospel with your whole school at one time, and your outreach doesn't have to be big to be effective. Instead, focus on other small groups that are in your school and serve them. Use the "Outreach Ideas" page to help spark your imagination and answer the questions below to help guide you.

## WHO DO WE WANT TO SERVE?

- » What group of people in our school or community do we want to serve?
- » Pray and ask God to guide you. Is there a group of students God has in mind for you to serve?
- » Are there any groups in our school that Movement members are already connected to?
- » Are there groups in our school or community that work hard but don't receive any recognition?
- » Are there subcultures in our school or community God is calling us to serve?
- » Make notes about what God is saying to you:

## WHAT WILL WE DO TO SERVE THEM?

- » What do we want to do to show them God loves them, and so does our Movement?
- » What does this group need?
- » What would make this group feel loved and appreciated?
- » What would bless them?
- » What will be worth their time?
- » Make notes about your ideas for serving:



# IN WHAT WAY(S) WILL WE SHARE THE GOSPEL?

- » What are some ways we can connect them to God?
- » What options would be best for sharing the Gospel (see the list on the "Outreach Ideas" page.
- » Is it possible for us to pray for that group or with that group?
- » What will we do, send, or give them to connect them to our local church or youth group?

A large grid of horizontal and vertical lines, intended for writing answers to the questions above. The grid consists of approximately 20 vertical lines and 20 horizontal lines, creating a series of rectangular boxes for notes.



# OUTREACH PLANNING BOARD

Fill this document out for each outreach you want to do. It will help you make sure many of the details are taken care of so you can be successful in sharing Jesus.

<p><b>What group are we serving?</b></p>	<p><b>What are we doing to serve them?</b></p>
<p><b>Where and when will this outreach take place?</b> When is the best time for the group we are serving?</p>	<p><b>Who, from our Movement, will be involved?</b></p>
<p><b>Do we need invite/ask this group to serve them?</b> If yes, who will be in charge of communicating with the group we are serving?</p>	<p><b>What things do we need for this to be successful?</b> Who will be in charge of getting the things we need?</p>
<p><b>Do we need to advertise this outreach?</b> Who will be in charge of advertising?</p>	<p><b>Do we need help from parents, youth pastors, etc?</b> Who will ask for help?</p>
<p><b>What are we going to do to share the Gospel?</b></p>	<p><b>Who will be responsible to share the Gospel?</b></p>
<p><b>What will we do to invite this group to join our Movement?</b></p>	<p><b>What will we do to invite this group to our church?</b></p>

